

2024 Guideline for Growth, Health and Developmental Follow-up for Children Born Very Preterm - Outcomes



Guidance on the selection and timing of assessment tools is needed to support the delivery of structured follow-up for children born very preterm. As evidence regarding the performance of specific tools and the optimal timing of assessments was outside the scope of this guideline, the clinical practice points below were developed through expert consensus, drawing on collective clinical experience and expertise.

DEVELOPMENTAL ASSESSMENTS	D/C-12m	18m-2.5y	4-5y
RECOMMENDED CORE MEASUREMENT TOOLS			
MULTIPLE DEVELOPMENTAL DOMAINS ^a			
Bayley Scales of Infant and Toddler Development- 4th Edition ^b	●	●	
Ages and Stages Questionnaire ^b	●	●	●
COGNITION			
Wechsler Preschool and Primary Scales of Intelligence-IV (WPPSI-IV)		●	●
MOTOR ^a			
General Movements (GM) Assessment and GM Motor Optimality Score ^c	●		
Hammersmith Infant Neurological Exam (HINE)	●	●	
BEHAVIOUR			
Infant-Toddler Social and Emotional Assessment (ITSEA) ^b	● ^d	●	
Strength and Difficulties Questionnaire (SDQ)		●	●
OTHER AVAILABLE MEASUREMENT TOOLS			
FEEDING			
Feeding assessments	●	●	●
Child Oral and Motor Proficiency Scale (ChOMPS)	●	●	●
Behavioural Pediatrics Feeding Assessment Scale (BPFAS)	● ^d	●	●
LANGUAGE AND COMMUNICATION			
Preschool Language/Communication Scales-5th Edition (PLS-5)	●	●	●
Clinical Evaluation of Language/Communication Fundamentals-5th Edition (CELF-5)			●
QUALITY OF LIFE			
PedsQL-4 (from 24 months CA)	●	●	●
Infant and Toddler Quality of Life Questionnaire	●	●	●
PARENTAL WELLBEING/MENTAL HEALTH			
Hospital Anxiety and Depression Scale (HADS)	●	●	●
Generalised Anxiety Disorder Assessment (GAD-7)	●	●	●
Center for Epidemiologic Studies Depression scale (CES-D)	●	●	●
Depression, Anxiety and Stress Scale (DASS)	●	●	●
PTSD Checklist-Civilian version	●	●	●

Measurement tools and timepoints presented in bold are recommended by the Guideline Development Group (GDG).
Abbreviations: D/C- discharge, M – month, Y-year. Note all ages specified refer to corrected age.
Footnotes: ^a Specialised training required, ^b Parent questionnaire/tool, ^c Specialised training recommended, ^d BPFAS, ITSEA and ASDetect from 12 months corrected age.

